

Facial Burns management

CONTACT DETAILS

St Andrews Centre (Chelmsford)
Adults **0300 44 30475**
Children **0300 44 30405**

Chelsea & Westminster Hospital (London)
Adults **020 3315 2500**
Children **020 3315 3706**

The Royal London Hospital (London)
Adults and Children **020 3594 5693**

Queen Victoria Hospital (East Grinstead)
Adults **01342 414440**
Children **01342 414469**

Stoke Mandeville Hospital (Aylesbury)
Adults and Children **01296 315040**

John Radcliffe Hospital Oxford
Adult and Children **01865 234760**

FIRST AID

Initial first aid – 20 minutes of cool running water within 3 hours of injury

INITIAL MANAGEMENT

- Primary survey/ATLS/History
- Airway assessment for inhalational injury/intubation
- Anaesthetic review
- If intubated, do not cut ET Tube
- Check eyes with fluorescein
- Consider ophthalmology review if required

ASSESSMENT

- Assess depth of injury
- Provide analgesia
- Wash face with mild/gentle soap
- Deroof blisters, shave if required
- Keep patient in upright position to reduce facial swelling

TREATMENT No skin loss (Erythema)

Erythema only (no skin loss)

- Advise to wash face at least 3 times per day with gentle/mild soap
- Apply non-perfumed moisturiser or aloe vera gel after washing
- Provide copy of LSEBN facial burn care advice leaflet
- Advise to maintain upright sleeping position for first few days to reduce swelling
- Burns should heal within 7 days

TREATMENT Skin loss (Partial/deep dermal/full thickness)

DISCUSS WITH YOUR REGIONAL BURN SERVICE FOR SUPPORT AND ADVICE

- Take photos and upload to TRIPS or MDSAS referral system
<https://www.trips.nhs.uk> or <https://www.referrals.mdsas.com>
- Facial burn injuries may require 24 hour monitoring before discharge in local hospital under direction of regional burns service
- All facial burns should be provided with LSEBN face care leaflet and encouraged to follow advice

Injuries that fall within the LSEBN Burn Referral Criteria should be discussed with the local Burn Service