Face Care

Initial injury first aid 20 minutes cool running water within 3 hours of injury

Primary Survey / ATLS / History

Airway assessment for intubation / inhalational injury (anaesthetic review)

If intubated do not cut ETT Tube

Check eyes with fluorescein for injury / query ophthalmology review

Take photos, upload to trips or MDSAS and refer to regional burn service for advice

https://www.trips.nhs.uk/ - https://referrals.mdsas.com/

Depth of injury assessment

Wash with gentle / mild soap

De-roof blisters / Shave with pain relief / keep patient in a upright position to help reduce facial swelling

For guidance please see https://www.lsebn.nhs.uk

Burn depth assessment guide

Erythema / Superficial

Advise to wash daily with gentle / mild soap and apply non perfumed moisturiser or aloe vera cream until red discoloration has reduced.

Given a copy of the LSEBN face care leaflet

Should heal in 3—7 days

Superficial / Partial thickness

Deep Dermal

Full thickness

Discuss with your regional burns Service for advice and support

Facial injuries may require 24 hours monitoring before discharge in local hospitals under direction of regional burn service. All facial injuries should be given the LSEBN face care leaflet and encouraged to follow its advice.

St Andrews Burns Service Broomfield Hospital (Chelmsford) Burns
ITU—03004432830—Adult ward 03004430475—Children's ward 03004430405 - Outpatients—03004431141

Chelsea & Westminster Hospital (London)

Adults 0203 3153785 Children 02033 153706 / 0203 3153707

Queen Victoria Hospital (East Grinstead)

Adults 01342 414440 Children 01342 414469

Stoke Mandeville Hospital (Aylesbury)

Adults and Children 01296 315040